




## DIGITAL CERTIFICATION

<b>Author:</b>	SELTSOVA MARIA
<b>Title:</b>	RED, GREEN, YELLOW
<b>Year:</b>	2018
<b>Dimensions:</b>	30 (H) x 30 (W) 5 (z) cm
<b>Technique:</b>	ABSTRACT ACRYLICS MADE WHILE MASTURBATION

### Description:

IN THE CASE OF SELTSOVA'S PAINTINGS, THE ARTIST SEEKS TO ADDRESS THE NOTION OF SELF-LOVE AS THE MAIN AXIS OF HER WORK. BASED ON THE PRINCIPLES OF TANTRA, SELTSOVA STRIPS NAKED BEFORE THE LARGE CANVASES THAT LAY ON THE FLOOR, AND USES HER BODY AS A PORTAL OF COSMIC ENERGY. WITH THE HELP OF SELF-EXPLORATION AND MASTURBATION, THE ARTIST ACTIVATES HER SENSES AND USES THE ORGASMIC ENERGY THAT RUNS THROUGHOUT HER BODY TO PERFORM RHYTHMIC AND EXPLOSIVE CHOREOGRAPHIES ON HER CANVASES. THOSE CANVAS WHOM PREVIOUSLY WERE COVERED WITH THE REPRESENTATIVE COLORS OF EACH CHAKRA AS A BACKGROUND, ARE NOW DISSIPATED BY AN EXPLOSION OF COLORS, GESTURES AND TRACES THAT EMANATE FROM THE BODY OF THE ARTIST. GIVING AS A RESULT A TESTIMONY OF FORGIVENESS AND HEALING FROM THE ARTIST TOWARDS HER OWN BODY.

### About the Author:



Seltsova studied painting at the Noella Roos art school in the island of Bali, Indonesia. Interested in the oriental culture, Seltsova has taken mystical and philosophical references to adapt them to her artistic creations. The artist proposal focuses on translating the pictorial act into a process of healing and meditation. Also, taking elements of tantra, the artist seeks to question the taboos that revolve around sexual pleasure and female masturbation. Her most recent project entitled "Love yourself" is based on the principles of body art and action painting to combine the aforementioned statements.

For the artist to employ her own body as an artistic tool is a form of healing her past memories. Her art despite the intricate abstraction of colors is a confessional art, where the artist deposits part of her history, her body and energy. Maria keeps doing several researches towards the different artistic manifestations that involve corporeality, feminism and forgiveness.

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